



Team Guide SAILING

Introduction

n behalf of the Organizing Committee of the Lima 2019 XVIII Pan American Games and Sixth Parapan American Games, I would like to thank the Pan American Family, especially the National Olympic Committees, for their work in favor of sports in the continent.

I am pleased to present the guides for the delegations of each sport. Each guide has been developed by the functional areas of the Lima 2019 Organizing Committee.

This document contains relevant information for delegations about dates and key personnel, competition format and rules, as well as information on competitions and training, details about facilities and venue services.

Additionally, you will find overviews of matters of interest for delegations such as accreditation, medical services and security.

Lima 2019 is an opportunity to transform and forge a better country based on sports' values (excellency, friendship, respect, courage, determination, equality and inspiration). Lima and all of Peru are getting ready to welcome you with the affection and hospitality we are known for. We are sure that you will take home the best memories of your stay in our country during the largest multi-sports event in the continent, which will be held in Peru for the first time.

Lima is ready to welcome you!

We are waiting for you with open arms!

CARLOS NEUHAUS
President of the Lima 2019 Pan American Games and Para

President of the Lima 2019 Pan American Games and Parapan American Games
Organizing Committee

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1 ABOUT THIS GUIDE

Published in 2019, the Team Guide provides detailed information on each sports competition and discipline at the Lima 2019 Pan American Games as well as operational information that may be of interest to participating delegations. Each guide includes:

- Introduction to Lima and the Games.
- Sport-specific information, such as competition schedule and format, training and qualification criteria.
- Operational information on accreditation, ticketing, transportation, accommodation, medical services and doping control.
- Venues maps and daily training and competition schedules for every sport.

While this information is correct as of the date of publication, some details may vary. Therefore, National Olympic Committees (NOCs) should visit the official Lima 2019 website (extranet.lima2019.pe) for updated information.

2 ABOUT LIMA AND PERU

2.1 The City of Lima

Before becoming a colonial capital, Lima was formerly populated by the Lima and Wari cultures. Later on, it became the capital of the Viceroyalty of Peru. The huacas and colonial houses of the city are an example of its historical greatness. Today, Lima is a cosmopolitan center that offers a variety of cultural and artistic options.

It overlooks the Pacific Ocean from a natural balcony that holds nearly 10 million people with thousands of stories and origins. Lima is a city with a past and a future, with innovators and entrepreneurs, and of art, craftsmanship and industry. A glorious city that knows how to celebrate life.

This city full of opportunities is located on the central coast of South America. It gathers all of Peru's diversity and complexity in a vibrant and captivating metropolis. Also, it is the only city in America that stretches from the Andes to the ocean. It has the privilege of being the only

capital city of South America located on the shores of the Pacific Ocean.

Lima can refer to a region, a province and a city (Lima Metropolitan Area) as well as a district. It comprises 43 districts (divided into Northern, Southern, Eastern and Central Lima), in addition to the other seven districts that are a part of the province of Callao.

Throughout its history, Lima has been bolstered by immigrants from other provinces of the country and other regions of the world. It has the largest ethnic Chinese community and the second largest Nikkei community in Latin America. It is safe to say it is a diverse city and that multiculturalism is its main resource.

When walking the streets of Lima, you can admire its churches, archaeological sites and colonial houses coexisting with modern buildings. Lima also offers a wide variety of cultural events and is recognized worldwide as the gastronomical capital of Latin America.

2.2 Lima's Cuisine

Lima is Peru's meeting point and, as such, it is a melting pot of cuisines enriched by the historic influx of migrants and products from other regions of Peru and the world. It is a huge pantry of fresh products, some of which are impossible to get elsewhere. This wide range of products is the secret to success of the current Gastronomical Capital of the Americas.

Lima gathers all of Peru's rich biodiversity in an exquisite metropolis: limes from the north that are used in cebiche, corn from Cuzco as a side dish for anticuchos and countless native potatoes of every color and texture. Also, Peru's main sources of flavor are its chili peppers; its popular and highly nutritious grains, like quinoa and kiwicha; and its coffee and cacao, which make city life sweeter and more enjoyable. Lastly, Peru is also known for its exotic Amazonian fruits, its aromatic spices from the Andes and its delicious pisco.

And, of course, its seafood. What would Lima's cuisine be without fish and traditional fishermen? But, also, what would Peru's cuisine be without its chefs, the guardians and creators of taste? They are the greatest collectors of historical and ancestral culinary knowledge, creators of new trends and flavors, innovative revolutionaries capable of bringing everyone together at the same table. Thus, Lima combines the knowledge and flavor of an entire country.

There are approximately 220 thousand restaurants in Lima, with several options inspired by the world's flavors and expertise.

Peruvian cuisine was declared "Cultural Heritage of the Americas" by the Organization of American States (OAS) in 2011.

Peru loves fusion cuisine, the abundance of its fields and the fruits of the sea. Its gastronomy is a fascinating combination of splendid climate, exotic—and sometimes spicy—products and a generation of chefs that are the best ambassadors of their cuisine around the world.

Peru has ten products with protected designation of origin such as pisco, Villa Rica coffee, Cuzco's giant white corn and Ica's lima bean. Moreover, it has over 3000 varieties of domesticated potato.

2.3 Information about Peru

Peru is located on the west side of South America and covers 1,285,215 km² of land and 200 nautical miles of the Pacific Ocean. With over 10 thousand years of history, it boasts great cultural richness, a delicious and award-winning cuisine, impressive archaeological sites, UNESCO World Heritage sites and vast nature reserves.

Peru has more than 31.5 million inhabitants. It can be divided into three major regions: coast, highlands and jungle, giving the country an immense multiplicity of landscapes. These regions comprise 11 ecoregions and 84 life zones of 117 that exist in the world. Due to its diverse geography, Peru has a wide variety of natural resources.

It has abundant forests, generous distances and ancient cultures. It is the third most megadiverse country on the planet thanks to its wide variety of orchids, birds and butterflies, and a lush Amazon, which has been recognized and awarded as one of the Seven Natural Wonders of the World.

Peru is also home to one of the seven wonders of the modern world: the citadel of Machu Picchu. In the region of Puno, over 3800 meters above sea level, you can visit the enchanting islands of Titicaca, the highest navigable lake in the world.

Peru has 12 World Heritage Sites and eight Intangible Cultural Heritage sites, awarded by UNESCO.

More than sixty native languages are spoken in the country, such as Aymara and Quechua. Also, it still preserves a musical scenery with native instruments like the quena and siku, melodies that feature joyful Afro-Peruvian beats and Andean music such as huayno and harawi.

Furthermore, it placed 9th in global entrepreneurship according to the 2015 Global Entrepreneurship Monitor report (GEM). Finally, it also won the World's Leading Meetings & Conference Destination in 2015 at the World Travel Awards (WTA).

Ancient Peruvians were skilled metalsmiths who turned silver and gold into precious jewels over 3000 years ago. They were also amazing craftsmen, who showed their vision of the world in clay pots and carved gourds. Their ancestral techniques were inherited by local entrepreneurs who now sell their products in the most demanding international markets.

Peru is a destination that shares its customs. Close to 3000 traditional festivals are celebrated nationally every year. Peruvian cities such as Lima, Cuzco and Arequipa were listed as UNESCO World Cultural Heritage Sites. Also, Peru was the home of ancient civilizations that grew cherishing the sand of the desert, the heavy rains of the Andes or the humid forests of the mountains.

Peru currently produces 80% of the world's alpaca clothing, an excellent Andean fiber that has become a symbol of elegance and exclusivity. Over 120 thousand families are involved in the supply chain of this valuable camelid fiber.

2.4 Peru as Host of Major Events

Peru has organized several sports events and international sports meetings over the years. The 2012, 2013 and 2019 editions of the Rally Dakar and the 131st International Olympic Committee (IOC) Session in 2017 are some examples that it is ready to house world-class events, considering it has both infrastructure and security.

Hosting the 2019 Pan American and Parapan American Games is very important for a city that is committed to promoting sports among its citizens. Lima is getting ready to welcome 6680 athletes from 41 countries of the Americas during the Pan American Games. A total of 1890 athletes will arrive from 33 countries for the Parapan American Games.

The Peruvian capital hosted the I Beach Bolivarian Games (from November 1 to 11 in 2012). A year later, the XVII Bolivarian Games took place in Lima and Trujillo between November 16 and 30, featuring close to 5000 athletes from 11 countries.

Peru has also hosted the "Copa América" on six occasions: 1927, 1935, 1939, 1953, 1957 and 2004. It was also the official venue of the FIFA U-17 World Cup in 2005 and the final was held at the National Stadium of Lima.

Furthermore, Peru had the privilege of hosting the FIVB Volleyball World Championship at the Coliseo Amauta (Lima), the Coliseo Gran Chimú (Trujillo) and the Coliseo Cerrado de Ica (Ica), between September 12 and 25, 1982. Additionally, the FIVB Volleyball Women's U-20 World Championship took place in Lima and Trujillo in 2011.

The South American Games were also held in Lima (from December 1 to 10, 1990). Later on, our country hosted the I South American Youth Games from September 20 to 29, 2013.

As mentioned previously, Peru was part of the Dakar Rally in 2012, 2013 and 2018. Four stages took place during the first year and the race ended in Lima. In 2013, five stages of the world's largest rally were contested in the Peruvian capital. In 2018, six and a half stages of the competition were contested in Peru, starting in Lima and passing through Puno to its final stop in Bolivia. The Rally was held entirely in Peru in 2019.

Moreover, the 131st IOC Session was held in September 2017 at the Lima Convention Center in Peru, with the presence of leaders of the National Olympic Committees (NOCs). During this meeting, Paris and Los Angeles were chosen as host cities of the 2024 and 2028 Olympic Games, respectively.

In 2011, the 3rd FINA World Junior Swimming Championships was held in Peru. The competition venue was Campo de Marte.

A variety of sports events can be hosted in Peru due to its natural areas and its infrastructure. Off-road races across dunes and mountains, ultramarathons through the desert, triathlons on the shores of the Pacific Ocean and multi-sports games on different sports stages are some examples that show that Peru is an attractive place to organize high-impact competitions.

2.5 Currency

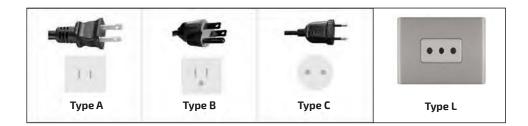
The national currency is the sol (PEN), but the American dollar (USD) and the euro (EUR) are also accepted.

2.6 Language

Spanish, the official language of Peru, is spoken by 84% of the population. In addition, 47 indigenous languages, including Quechua and Aymara, are spoken in the country.

2.7 Electricity

Voltage in Peru is 220 Volts and 60 Hertz. Outlets are type A/B/C/L plugs.



3 LIMA 2019

Peru will be the host of the Lima 2019 Pan American and Parapan American Games for the first time in its history.

Clusters:	Venues:	Sports Program:	Participants:
- 6 competition	- 39 competition venues	- 39 sports	- 6682 athletes
- 6 training	- 14 training venues	- 61 disciplines	

3.1 Milco, Lima 2019 Official Mascot

Milco is a very cheerful, optimistic and friendly mascot, whose arms are always open, ready to welcome all visitors who arrive to the Lima 2019 Games.

Lima has a cultural background that makes us proud, and that is what our mascot highlights. One of Milco's favorite colors is red—also the color of our flag—because it represents passion! He wants to transmit this passion to all Lima 2019 participants, so that they give their best in each competition.

Milco is based on *cuchimilcos*, statuettes from the pre-Hispanic cultures of mid-western Peru such as Lima, Chancay and Chincha. This mascot was chosen by popular vote, when he obtained 19,895 votes. He beat two other candidates: Amantis, which represents the amancaes flower, and Wayqi, a gecko from the huacas of Lima.

A total of 44,514 people from Peru and abroad participated in selecting the Pan American and Parapan American Games mascot. With this number a new voting record was set, breaking that of Guadalajara 2011 and Toronto 2015.

Initially, over 1000 design proposals from across the country were submitted. From there, a specialized jury selected three finalists. They then entered an online popular vote on the Games' official website (www.lima2019.pe).

4 KEY INFORMATION

4.1 Key Dates

April 26, 2019	Preliminary/long list	
April 26, 2019	Lima 2019 entry by number deadline	
June 26, 2019	Lima 2019 entry by name deadline	
July 16, 2019	Pan American Village pre-opening	
July 18, 2019	Arrival of NOC containers at venue begins	
July 21, 2019	Official opening of the Pan American Village	
July 22, 2019	Arrival of NOC containers at venue starts	
July 26, 2019	Pan American Games Opening Ceremony	
July 27, 2019	Unloading of NOC containers begins	
July 29, 2019	Training begins	
July 21, 2019	Equipment measurement begins	
August 2, 2019	Training ends	
August 2, 2019	Equipment measurement ends	
August 2, 2019	Technical Meeting	
August 3, 2019	Opening Series Competition starts	
August 3 to 9, 2019	Daily team leaders' meeting	
August 8 to 9, 2019	Opening Series Competition ends	

August 9, 2019	Meeting for team leaders and coaches	
August 9, 2019	Medal races	
August 9, 2019	Medal ceremony	
August 10, 2019	Medal races	
August 10, 2019	Medal ceremony	
August 11, 2019	Medal race reserve day	
August 11, 2019	Pan American Games Closing Ceremony	
August 12, 2019	Deadline to remove boats and equipment from venue	

4.2 Key Personnel

President of the International Sailing Federation (World Sailing)	Kim Andersen	kim.andersen@ oneteamoneplan.org
President of the Pan American Sailing Federation (PASAF)	John Bennett	johnsbennett52@uol.com.br
International Technical Delegate	Ricardo Navarro	ricnavar@yahoo.com
Lima 2019 Head of Sports	Gustavo San Martín Castillo	gsanmartin@lima2019.pe
Head of Sports Competitions	Mauricio Pinzón Botero	mpinzon@lima2019.pe
Sport Group Manager	Alvaro Del Pozo Jacobs	adelpozo@lima2019
Lima 2019 Sport Manager	Adriana Peschiera L.	apeschiera@lima2019.pe

5 COMPETITION

EVENTS						
Men (3)	Women (3)	Open* (2)	Mixed** (3)			
Windsurfing	Windsurfing	Open boat	Two-person boat			
Boat	Boat	Kite open	Catamaran			
Skiff	Skiff		Three-person boat			

^{*} Open: the crew may be all-male, all-female or a combination of the two genders.

5.1 Date

From August 3 to 11, 2019.

5.2 Competition Venue

Yacht Club Peruano – Paracas venue.

The Yacht Club Peruano, one of the most important nautical clubs in Peru, was founded in 1938 in the constitutional province of Callao. Its main purpose is the development and promotion of the sport of sailing.

Over the years, it has maintained its commitment to cultivate the bonds of friendship among its members, to develop family activities and to train young sailors with the highest standards of excellence and fair play for sailing competitions.

5.2.1 Address

The venue is located in the district of Paracas, province of Pisco, region of Ica, 261 kilometers south of Lima. The address of the Yacht Club Peruano, Paracas venue, is Calle Bahía Mz. A Lote 9 Asentamiento Humano Alan García.

5.2.2 Competition Venue Overview

Paracas Bay is considered the best location for sailing races due to the wind that blows over the seaside during certain hours of the afternoon, which enables boats to reach high speeds. The competition zone comprises an aquatic area (Pacific Ocean) with a minimum length of $35,000 \, \text{m}^2$, unaffected by currents.

^{**} Mixed: the crew must include at least one male athlete and one female athlete.

5.2.3 Field of Play

The field of play for the sailing competition will comprise up to four racing areas located in Paracas Bay. The competition area and all its equipment will be presented in accordance with World Sailing rules and regulations.

5.2.4 Services

The competition venue includes:

- Lounge for athletes and officials
- Boat park
- Locker rooms
- Lounges for technical officials and athletes
- Catering services
- Information desk
- Two jury rooms
- Race Committee Office
- Facilities for measuring equipment
- Fuel supply dock
- Boarding dock
- Lowering and lifting facilities
- Wi-Fi access.
- Venue security office
- A mixed zone where accredited media may conduct interviews after the competition, and a press room
- Broadcast zone
- Medical facilities and ambulances
- Doping control facilities
- Equipment container area

5.3 Competition Format

A race may consist of one, two or three laps of the course, as determined by the race committee before the start of the race. The race committee may alter the length of the course and the number of laps, to ensure races of a certain time extension.

All races will be based on fleet races, as opposed to Match-Race regattas.

5.3.1 Fleet Racing

Each event will consist of a maximum of 10 opening races plus one medal race; with the exception of the 49er, 49er FX, RSX (M/W) and Nacra 17, which will consist of a maximum of 12 series of opening races plus one medal race. Formula Kite will consist of a maximum of 18 opening races plus three medal races.

The number of races in the opening series may be less than the maximum number due to weather conditions. In each event, all competitors will participate in all races of the opening series, for which a low scoring system will be used: the winner of each race will get one point,

second place will get two points, and so on. If a competitor is disqualified or fails to finish the race, they will be given one point more than the total number of competitors registered in the regatta. For example, if there are ten competitors, failing to finish or disqualification will result in a score of eleven points.

The points of the worst race score in the opening series will be discarded for each competitor, except Formula Kite, where the worst score will be discarded when five to nine races have been completed, two worst scores when ten to fourteen races have been completed, and three worst scores when fifteen or more races have been completed.

The remaining points will be added and used to determine the positions.

After all the races in the opening series, the top five places of all the events, Standard, Laser Radial, Formula Kite and Sunfish, will proceed to the medal race (there will be three medal races for Formula Kite). Fifty percent (rounded) of the best places in the opening series of the Laser Standard, Laser Radial, Kites and Sunfish events will proceed to the medal race.

For all classes, except for Kites, the scores in the medal race will be double: two points for first place, four for second place, and so on. Points earned in the medal race will be added to the total points of the opening series to determine the final positions.

Any tie in the final places will be decided in favor of the competitor with the best score in the medal race.

In case of discrepancies between the Technical Sports Manual, the Notice of Race (NOR) and the Sailing Instructions, the Notice of Race and the Sailing Instructions will prevail.

5.4 Competition Schedule

Date	Time	Gender	Events
	11:30 - 17:00	Both	Laser Standard, Laser Radial, Sunfish, Snipe, Lightning, 49er, 49er FX, RS:X (W), RS:X (M), Nacra 17 – Regatta 1
August 3			Laser Standard, Laser Radial, Sunfish, Snipe, Lightning, 49er, 49er FX, RS:X (W), RS:X (M), Nacra 17 – Regatta 1
			RS:X (W), RS:X (M) – Regatta 3
			Kite – Day off
			Kite – Regatta 1
	11:30 - 17:00	Both	Kite – Regatta 2
August /I			Laser Standard, Laser Radial, Sunfish, Snipe, Lightning, 49er, 49er FX, Nacra 17, Kite – Regatta 3
August 4			Laser Standard, Laser Radial, Sunfish, Snipe, Lightning, 49er, 49er FX, Nacra 17, RS:X (W), RS:X (M), Kite – Regatta 4
			RS:X (W), RS:X (M), 49er, 49er FX, Kite – Regatta 5
			Kite – Regatta 6
			Laser Standard, Sunfish, Lightning, Nacra 17 – Regatta 5
	11:30 - 17:00	Both	Laser Standard, Sunfish, Lightning, Nacra 17, RS:X (W), RS:X (M) – Regatta 6
August 5			RS:X (W), RS:X (M) – Regatta 7
			RS:X (W), RS:X (M) – Regatta 8
			49er, 49er FX, Laser Radial, Snipe, Kite – Reserve day

Date	Time	Gender	Events
			Snipe, Laser Radial - Regatta 5
			Snipe, Laser Radial, 49er, 49er FX – Regatta 6
			Sunfish, Nacra 17, 49er, 49er FX, Kite – Regatta 7
			Sunfish, Nacra 17, 49er, 49er FX, Kite – Regatta 8
August 6	11:30 - 17:00	Both	Kite – Regatta 9
			Kite – Regatta 10
			Kite – Regatta 11
			Kite – Regatta 12
			RS:X (F), RS:X (M), Laser Standard, Lightning – Reserve day
			Laser Standard, Laser Radial, Snipe, Lightning – Regatta 7
			Laser Standard, Laser Radial, Snipe, Lightning – Regatta 8
August 7	11:30 - 17:00	Both	49er, 49er FX, RS:X (W), RS:X (M), Nacra 17 – Regatta 9
			49er, 49er FX, RS:X (W), RS:X (M), Nacra 17 – Regatta 10
			Sunfish and Kite – Reserve day
			Laser Standard, Laser Radial, Sunfish, Snipe, Lightning – Regatta 9
			Laser Standard, Laser Radial, Sunfish, Snipe, Lightning – Regatta 10
	11:30 - 17:00		49er, 49er FX, RS:X (W), RS:X (M), Nacra 17 – Regatta 11
			49er, 49er FX, RS:X (W), RS:X (M), Nacra 17 – Regatta 12
August 8		Both	Kite – Regatta 13
August o		Dotti	Kite – Regatta 14
			Kite – Regatta 15
			Kite – Regatta 16
			Kite – Regatta 17
			Kite – Regatta 18
	11:30 - 17:00	Both	Medal race for RS:X (W), RS:X (M), 49er, 49er FX, Nacra 17, Laser Standard and Laser Radial.
August 9			Sunfish, Snipe, Lightning and Kite – Reserve day
-	17:00 - 18:00	Both	Medal ceremony
			Medal race for Sunfish, Snipe, Lightning and Kite
August 10	11:30 - 17:00	Both	Reserve day – Medal race for RS:X (W), RS:X (M), 49er, 49er FX, Nacra 17, Laser Standard and Laser Radial.
_	17:00 - 18:00	Both	Medal ceremony

5.5 Training Schedule

DAY	TIME	TEAMS
Monday, July 29	10:00 - 18:00	All
Tuesday, July 30	10:00 - 18:00	All
Wednesday, July 31	10:00 - 18:00	All
Thursday, August 1	10:00 - 18:00	All
Friday, August 2	10:00 - 18:00	All

5.6 Procedures Before, During and After the Competition

5.6.1 Procedures Before the Competition

5.6.1.1 Technical meetings

The daily team leader meetings will be held every morning between 10:00 and 10:30 at the competition venue. Coaches and NOC heads are invited to attend all meetings. The meetings will be chaired by the World Sailing Technical Delegate and will include the participation of the President of the Jury, the Chief Racing Officer and the head of the sailing sport's organizing committee.

5.6.1.2 Transportation

Team officers staying at the team officials hotel will have access to mini buses leaving the designated operator parking lot to competition venues as of 29 July, 2019. The service will be provided according to a schedule of its hours of operation. Users will board buses on a first come, first served basis.

5.6.1.3 Equipment measurement

Athletes and their equipment must comply with Equipment Inspection Regulations and they will have to take their boats to the measurement area. Boats will be measured according to the equipment inspection schedule.

Equipment measurement will take place from Wednesday, July 31 to Friday, August 2, 2019. Hours of operation will be from 09:00 to 18:00, except on Friday, August 2, when measurement will close at 15:00.

The equipment inspection schedule shall be posted on the notice board.

Classes shall be measured by groups and there shall be a schedule for each class per country. At the designated time, boats and their equipment must be made available to measurers in their assigned locations. Measurement information shall be detailed in the Equipment Inspection Regulations.

The measurement committee shall assign measurement times and all boats must be dry and ready to be measured on their carts or trailers.

5.6.1.4 Marks

All boats must display their country codes on the mainsail. Lima 2019 marks will also be applied to each side of the hull, in addition to the country codes on the prow. Lima 2019 will provide the country codes and Lima 2019 marks.

5.6.2 Procedures During the Competition

5.6.2.1 Safety at sea

The competition perimeter will be patrolled by the National Police and the Peruvian Navy.

5.6.2.2 Boat park storage procedure

All competition boats will have an assigned place both on land and at sea. At the end of each day's races, boats must return to their assigned places, which will be identified with their country's code.

5.7 Regulations, Protests, Appeals, Uniforms and Equipment

Sailing competitions at the Lima 2019 Games will be governed by the following documents, in force during the Games:

- Racing Rules of Sailing (2017 2020) and regulations, published by World Sailing available at www.sailing.org
- Class Rules Any changes to the Class Rules will be specified in the Notice of Race and the Sailing Instructions.
- Panam Sports Regulations
- Lima 2019 Brand Guidelines

- Notice of Race for the Lima 2019 Pan American Games
- Sailing Instructions for the Lima 2019 Pan American Games
- Lima 2019 Support Team Regulations
- Lima 2019 Equipment Inspection Regulations
- Lima 2019 Field of Play Regulations

5.7.1 Uniforms

The athletes should only use regulatory clothing and shoes. The use of clothing with distinctive marks or brands bigger than the size established by international rules is not permitted.

The Technical Committee may request an athlete to change clothing if it does not comply with the provisions of the previous point.

5.8 Technical Officials, Judges and Jury

For the 2019 Pan American Games, Technical Officials (TO) will include:

TECHNICAL OFFICIALS SAILING	ITO	NTO
International Technical Delegate	1	
	1	0

JUDGING STRUCTURE SAILING	ITO	NTO
Principal International Race Officer	1	
International Race Officer	3	
International Judge	10	
International Equipment Inspector	1	
National Race Officer		46
National Judge	2	
National Equipment Inspector		4
Calculation Officer		2
	17	52

5.9 Technical Meetings

There will be a meeting for team leaders and officers, which will take place on Friday, August 2, 2019, from 09:00 to 10:00 at the competition venue.

Coaches and NOC heads are invited to attend all meetings. The meetings will be presided by the World Sailing Technical Delegate and will include the participation of the president of the jury, the principal race officer and the sailing sport manager's leader.

5.10 Sports Information

The Sports Information Office will be located in the Games competition venue. It will provide a variety of services to teams, including:

- General sports information through sports publications and discussions with sport-specific personnel
- Distribution of draw/start lists, results and other competition information, including schedule updates when required
- Training schedule information and, for selected sports, assistance with booking and changing training sessions

The Sports Information Office's hours of operation at the sailing venue will be the following:

DATES	TIME
From July 29 to August 11, 2019	08:00 - 20:00

5.11 Medals and Diplomas

Medals will be awarded to the top three of each event. Diplomas will be awarded to the finalists of each event as applicable.

EVENT	TYPE	Gold	Silver	Bronze	Total
Men's skiff	Men	2	2	2	6
Women's skiff	Women	2	2	2	6
Kite open	Open	1	1	1	3
Mixed catamaran	Mixed	2	2	2	6
Men's boat	Men	1	1	1	3
Women's boat	Women	1	1	1	3
Mixed three- person boat	Mixed	3	3	3	9
Mixed two- person boat	Mixed	2	2	2	6
Open boat	Open	1	1	1	3
Men's windsurfing	Men	1	1	1	3
Women's windsurfing	Women	1	1	1	3
тс	TAL	17	17	17	51

5.12 Late Replacement Policy for the Lima 2019 Pan American Games

Entry information for all sports must be ready and must be received by the Sport Entries Department of the Lima 2019 Organizing Committee before midnight (Eastern time) on June 26, 2019.

In exceptional cases, when urgent medical problems or other issues arise, and based on a case-by-case assessment, Panam Sports, the International Federations (IFs) and Pan American Sports Confederations may allow an athlete to be replaced by another in the same sport, discipline and event, even after the aforementioned date. According to Pan American Games regulations, an athlete can replace another registered athlete if the following conditions are met:

- The National Olympic Committee (NOC) of the replacement athlete has requested the athlete's accreditation prior to the accreditation application deadline.
- There are no pending cases of doping offenses involving the replacement athlete.
- The replacement athlete has the right and is qualified to participate in the Games as stipulated in the Qualification System of the corresponding sport.
- The Panam Sports Executive Committee approves the replacement request.

When and if these conditions are met, the following actions shall be undertaken:

- The NOC member must fill out a Replacement Athlete Form for the athlete being replaced and the replacement athlete, signed by the chef de mission or the deputy chef de mission.
- The replacement athlete and the relevant NOC member must fill out the Eligibility Conditions Form and, if required, a Sport Entry Form.
- The accreditation card of the athlete being replaced must be delivered to the Accreditation Center and canceled, so that the accreditation rights can be transferred to the replacement (subject to the approval of the Panam Sports Executive Committee, as previously stated).

Note: Athlete replacements may normally be considered up to 24 hours prior to the technical meeting of the corresponding sport or later, as determined by Panam Sports and the corresponding IF/CP.

All documents [2] and questions regarding the policy must be emailed to the Lima 2019 Sports Entries Department at sportentries@lima2019.pe, or delivered in person to the Pan American Village (during the Games).

The Sport Entries Department will send a copy of the documentation to the Accreditation team and Panam Sports. In exceptional cases, this policy will be subject to the review of Panam Sports.

- [1] A printed copy of the Sport Entry Form must be requested from the Sport Entries Department.
- [2] Include documentation that supports the replacement request (e.g. medical certificates) in English and Spanish.

5.13 Sports Equipment

The complete list of sports equipment that will be used in each discipline was published on June 2019 on the Lima 2019 extranet.

5.14 Food and Refreshments

The food and refreshment service for athletes and staff will be available at the venues on the training and competition days. Refreshment stations with cold beverages, fruits and snacks will be available for athletes and staff at athlete rest areas at all training competition venue.

5.14.1 Box Lunch

This service will only be available for athletes and staff on competition days. It will be provided at the competition venues. Box Lunch service includes sandwiches, cold beverages and fruits. A vegetarian option will also be available.

5.14.2 Catering at the Satellite Village

This service will be available for athletes and staff at breakfast, lunch and dinner times on training days and at breakfast and dinner times on competition days.

5.15 Medal Ceremonies

Medal ceremonies will be held at the venue, immediately after the final competition ends, when applicable. Bronze, silver and gold medals for the athletes in third, second and first place, respectively, will be awarded at the ceremony. Ceremonies will include hoisting the corresponding flags and playing the national anthem of each gold medal winner.

Medal ceremonies will be held in English and Spanish. The Panam Sports Executive Committee, International Olympic Committee members, presidents of the International Federation and the Continental Federation, or government dignitaries will be in charge of awarding medals.

In compliance with Panam Sports regulations, all athletes will attend the medal ceremonies in the NOC's sports uniform or in the uniforms approved for competitions. Athletes will not be allowed to stand on the podium if they are carrying flags, posters, unauthorized brands, or commercial slogans of any kind.

All medalists and the athletes that place fourth to eighth place will receive a diploma, which will be distributed at the NOC Services Center in the Pan American Village.

Athletes and team officials that participate in the Lima 2019 Pan American Games will receive a commemorative medal and a certificate of participation, which will be distributed at the NOC Services Center in the Pan American Village. Medal ceremonies will be conducted in Spanish and English.

5.15.1 Anthems

Each NOC confirmed the version of their anthem at the Chefs de Mission Seminar in January 2019. These versions will be used for each of the anthems played on medal ceremonies.

5.15.2 Flags

Each NOC sent their flag approval to the NOC Relations and Services team. Medal ceremony flags will be manufactured in accordance with their approved version. They will be displayed on either movable poles, flag poles or trapeze systems, depending on the venue.

5.16 Sports Information Desks at Competition Venues

Sport information desks will be located at the various venues, where they will distribute key details about the Lima 2019 sports program, such as:

- Distribution of event start lists/tables, results and other information, including schedule updates when required.
- Information regarding training schedules and help with booking and modification of training sessions for selected sports.
- Communication with sports information centers in all competition venues.

The sports information desks' hours of operation will be based on the schedule of the competitions taking place in each venue.

6 NOC RELATIONS AND SERVICES

6.1 The Team

The NOC Relations and Services team is responsible for building flexible relations with each National Olympic Committee (NOC) in order to ensure that participating delegations receive the highest quality service possible during the Lima 2019 Pan American Games.

The team's main responsibility is to look after the interests and needs of the participating countries, and to represent them during the Games. As the main and only liaison, they are in charge of exchanging information between NOCs and the functional areas of the Organizing Committee in a timely manner. This feedback is crucial for the operational planning stage of the Games in order to guarantee athletes and officials will have a great experience at Lima 2019..

6.2 Communicating with NOCs

The Lima 2019 extranet (https://extranet.lima2019.pe) is a virtual platform for sharing upto-date information, key dates and publications with NOCs.

Official communications will be uploaded to the extranet and updates will be sent to the main contact person registered by the NOC. We recommend that NOCs check the extranet frequently.

Official communications will also be sent via email and, if you require personalized assistance, you may always contact the regional coordinator assigned to your NOC via email at noce lima2019.pe.

During the Games, information will be constantly updated on the extranet and communicated via email to the addresses confirmed by your NOC during the registration meeting (DRM).

7 ARRIVALS AND DEPARTURES

7.1 GMS Arrivals and Departures Module

Arrival and departure information of NOC delegation members will be registered and managed on the Games Management System (GMS).

NOCs will have access to the GMS to load flight, regular baggage, special baggage information, etc., or they can send the information to airtickets@lima2019.pe.

All services provided by the Special Project such as transportation, accommodations, etc., will downloaded from the GMS, therefore it is important for NOCs to upload all the itinerary information in a timely manner.

Any changes at Games-time must be informed to the NOC Services Center, where AAD will have a customer service desk at the Pan American Village, and/or sent to airtickets@lima2019.pe.

7.2 Jorge Chávez International Airport

The Jorge Chávez International Airport, located in the Province of Callao, is Peru's main port of entry and exit. Due to its location, it services the city of Lima and will also be the only official port of entry and exit for Lima 2019 Pan American Games participants.

Strategically located in the middle of South America's west coast, it represents an important international connection point inside the continent, with direct flights to the main cities of the world. It is for this reason that it serves more than 22 million passengers a year. However, it has a smaller surface area than other airports that receive a similar passenger flow. NOCs are advised to take this into consideration when planning their arrival and departure operations.

Representatives of the Lima 2019 Arrivals and Departures team will be at the airport to assist Games participants with the following processes:

Entry control and immigration control

- Personal and sports baggage pick-up
- Customs control
- Animal control
- Weapons control at arrival and departure
- Departure check-in with all airlines
- Security control and exit immigration control

Additionally, the Organizing Committee will offer the following services at the official airport:

- Tracking assistance for lost baggage or baggage with an issue
- Information desk
- Guides to Pan American Village and Satellite Accommodation transfer areas

7.3 Arrivals

Services will be available from July 16 to August 11 for all accredited participants. However, personnel will be at the airport as of July 8 to provide assistance and directions. This service will not include transportation from the airport, as that will be available starting on July 16. Participants with a port of entry (or exit) other than Jorge Chávez Airport will not have access to these services.

The deadline to send itinerary information will be June 30, 2019.

7.4 Baggage and Sports Equipment

The Lima 2019 team will be present at the baggage claim area to assist and guide you to the arrival terminal exit and to the transportation zone.

7.4.1 Tags

Upon arriving at the airport, all baggage and sports equipment must be duly identified with the tags sent with the PVC to each NOC. This way, the baggage can be separated by delegation and it will facilitate the control procedures of the entities involved in airport processes.

7.4.2 Misplaced, Lost and Damaged Baggage

In the event that checked baggage does not arrive or is damaged, the owner must file a claim with the airline before leaving the airport baggage claim area. The Arrivals and Departures team will take note of the claim number and will assist in the corresponding follow-up with the airline until the claim is resolved, for the duration of the Games.

7.4.3 NOC Support Delegates' Access to Baggage Claim Area

Access to the baggage claim area will only be available for delegates previously accredited by their respective NOC.

Upon arriving at the airport, the assigned delegates must go to the Lima 2019 information desk, located in the international arrivals hall. There they will be able to contact our team, who will help them collect their credentials and guide them to the baggage claim area.

7.5 Entry of Firearms and Ammunition

In order to enter firearms and ammunition into the country, participants must go to the firearms control area after claiming their baggage, where SUCAMEC (National Superintendence for the Control of Security Services, Arms, Ammunition and Explosives for Civilian Use) specialists will verify the weapons, checking against the information sent by each NOC, which was previously authorized by the Peruvian Government, according to the Customs Manual.

SUCAMEC will then issue the corresponding entry certificate, together with Customs and, afterwards, athletes will hand over their firearms to the Lima 2019 logistics operator who is in charge of transferring them to the competition venue.

7.6 Restrictions and Prohibitions on the Temporary Import of Goods

Lima 2019 participants may go through the customs control green circuit. This includes less frequent random checks. However, the customs officer may need to check the baggage of a member of your delegation. The check consists of placing baggage on a scanner conveyor belt. If necessary, the customs officer may request a second manual screening control.

If there are no items in your baggage you need to declare, you may go directly to the exit. If you have prohibited or restricted items with you, you must declare them on the "Sworn Baggage Declaration" and submit it to the customs specialist.

The Sworn Baggage Declaration may be downloaded at the following link:

http://www.sunat.gob.pe/orientacionaduanera/viajeros/formatos/DDJJ-Espanol.pdf http://www.sunat.gob.pe/orientacionaduanera/viajeros/formatos/DDJJ-Ingles.pdf

For special entries such as weapons, ammunition, medicines, equines, bicycles and other sports equipment.

7.7 Arrivals Information Desk

There will be an information desk located in the international arrivals hall. It will provide information on:

- Games basics
- Transportation schedules
- Addresses
- Accreditation (basic information) for delegation support personnel.
- Meals (airport establishments)
- Other relevant information

The desk will be available 24 hours a day, from July 16 to August 13.

7.8 Transportation Upon Arrival

After going through customs, delegations must go to the transportation area to transfer to their corresponding destination. The Lima 2019 team will guide delegations to the pick-up area.

The official logistic operator of the Lima 2019 Customs Department will transfer competition boats for sailing, canoe and rowing, as well as all related sports equipment, from the country of origin to the competition venue.

Upon arrival at the Pan American Village, the security protocol for access control will be activated, including baggage identification and screening.

7.9 Exit of Baggage and Sports Equipment

7.9.1 Remote Baggage Check-in

The Arrivals and Departures Department will be in charge of the remote check-in service for athletes with their baggage. This service will be only available at the Pan American Village, located in Villa El Salvador.

The main goal of this process is to facilitate the departure of athletes and team officials so each delegation arriving at the Jorge Chávez International Airport can go directly through security and immigration control before going to the boarding areas, avoiding delays and overcrowding at airlines desks.

Airlines will be in charge of each athlete's documentation process at the Welcome Center of the Pan American Village, which will be equipped for such process.

Remote check-in will only be provided for departing athletes after the Closing Ceremony. That is, on August 10, 11 and 12 for departures on August 12 and 13.

It should be noted that the availability of the remote check-in service will be subject to the agreements reached with each NOC at the DRM.

Athletes and team officials will be responsible for taking both their personal and sports baggage to the Welcome Center. Airlines will carry out the athlete's documentation process with their personal and sports equipment. Once they have their documents, each athlete will take their baggage to the transport mall and hand them over to the assigned trucks. At the end of the process, trucks will be closed and sealed for their trip to the airport.

The Lima 2019 Logistics department will be in charge of baggage transfer to the airport, under the surveillance of the Peruvian National Police along the route.

Upon arrival at the airport, Lima 2019 will deliver the baggage to each airline for their screening. The baggage will then be stored in a special conditioned area until the day of departure, guarded by Lima 2019 and airline security personnel.

The airline is in charge of separating baggage so they can be correctly loaded onto the corresponding airplanes.

7.9.2 Departure Transportation to the Airport

Departure transportation service from the Pan American Village and Satellite Accommodations to the Jorge Chávez International Airport will be pre-planned based on the information entered in the GMS and reconfirmed in advance at the NOC Services Center.

Departure from the Pan American Village to the airport must be carried out six hours in advance to each delegation's departure flights, taking into account the procedures established by airport security and immigrations that must be completed.

7.9.3 Departure Information Desk

Lima 2019 has an information desk located at the Jorge Chávez International Airport's arrivals hall. The desk will be open 24 hours a day, from July 16 to August 13, and will provide information and support to delegations in case any issues arise.

Additionally, information on the following topics will be provided:

- Games basics
- Transportation schedules
- Other relevant departure information

8 PARACAS SATELLITE ACCOMMODATION – SAILING

This satellite accommodation will house athletes competing in Sailing.

8.1 Key Dates

Date	Event
July 28, 2019	Pre-opening access to the Paracas Satellite Accommodation (*)
July 29, 2019	Paracas Satellite Accommodation opens
August 13, 2019	Paracas Satellite Accommodation closes

(*) During the pre-opening day, NOC technical officials will be able to access the satellite accommodation and its services one full day before official training starts, on July 29 (two officials maximum per team).

The Paracas Satellite Accommodation will operate at the "Hotel Paracas, A Luxury Collection Resort", a 5-star hotel located on Av. Paracas 173, in the district of Paracas, province of Pisco, region of Ica, next to the sailing competition venue. The facility has two pools, a gym, a spa with sauna, entertainment areas with board games and video games, meeting rooms, two restaurants specialized in seafood and pasta, spacious gardens and a spectacular view of the Bahía de Paracas.

The check-out will be on August 13 until 12:00.

8.2 Accommodation

Athletes and officials will stay in single, double, triple or quadruple rooms with private bathrooms and all the amenities of a five-star hotel: cable TV, mini-fridge, safe box, air conditioning, shower and bathtub. Rooms will be allocated at the accommodation according to availability and to the arrival of residents per delegation.

8.3 Resident Services

The assigned operator will attend to all the accommodation needs of NOCs and residents through the front desk, which will also serve as a Resident Center and will be staffed with Lima 2019 personnel. There they will be able to help with printing and copies.

Catering services will be provided for breakfast, lunch and dinner. Lunch will be provided only on training days.

People entering the dining hall will have their Accreditation checked to ensure they are entitled to eat there. Also, athletes may enjoy dishes à la carte according to the designated operator's availability, at an additional cost borne by the user.

8.3.1 Ice Supply

This service will only be available for athletes and must be requested at least 24 hours in advance, so it can be delivered to their rooms. The maximum time for delivery is 50 minutes.

8.3.2 Laundry Service

This service will be available for athletes and team officials hosted only at the official hotel. The laundry service includes 3 kg every 2 days, which are not cumulative.

8.4 Transportation Services

Team officials staying at the team officials hotel will have access to mini buses leaving the designated operator parking lot to competition venues as of 29 July, 2019. The service will be provided according to a schedule of its hours of operation. Users will board buses on a first come, first served basis.

8.5 NOC Parking

For vehicles headed to the Satellite Accommodation, parking will be located in the area determined by the car fleet operator after daily services have concluded. Vehicle parking will not be provided without a valid vehicle access and parking permit (VAPP).

8.6 Medical Services

Medical services will be available from July 28 to August 13, 2019, between 07:00 and 23:00. Emergency medical services will be available 24 hours a day. The following services will be offered:

- General medical consultation
- Sports medicine and rehabilitation
- Massage therapy services

8.7 Business Center

The Business Center will operate on a regular basis. This space can adapt according to the requirements of the resident or NOC. Arrangements must be made 24 hours in advance and considering schedules, resources and availability, etc.

Printing and photocopying services will be provided by the Lima 2019 resident services personnel of the Lima 2019 Accommodation.

8.8 WI-FI

Free Wi-Fi will be available for athletes throughout the hotel.

9 MEDICAL SERVICES

Medical services during the Games will be provided at all training and competition facilities and at non-competition venues, such as the Pan American Village, the Naval Academy Satellite Village and satellite accommodations.

Medical services will be available for athletes, officials, judges, Games Family members and accredited persons. It should be noted that medical insurance will cover severe and aggravated conditions that require diagnosis and treatment.

9.1 Medical Insurance

Lima 2019 will provide insurance that covers all athletes, delegation members, Games Family members and members of participating International Federations during the Games, while in Peru, in the following regions: Lima, Ica and Callao.

Hospitalization, emergencies, diagnostic tests, emergency transportation, accidental death and repatriation will be fully covered by the insurance. While treatment for pre-existing conditions will not be included, it will be included for aggravated pre-existing conditions until the patient returns to a normal or stable condition.

Referrals to clinics/hospitals will be made with the approval of the polyclinic staff or the Lima 2019 emergency coordinator.

Coverage during the Pan American Games will be in force from July 15, 2019, at 00:00 (Peru) until August 13, 2019 at 23:59 (Peru).

A detailed list of insurance benefits is available in the Lima 2019 Medical Care Guide.

9.2 Medical Services at Satellite Accommodations

There are five satellite accommodations: the Naval Academy Satellite Village and four satellite accommodations (Huacho, Lunahuaná, Bujama and Paracas).

A polyclinic offering internal medicine, traumatology, physical therapy and rehabilitation services will be available at locations. These services will be available from 07:00 to 23:00. Additionally, emergency services will be available 24 hours a day and, if necessary, patients will be referred to hospitals or clinics with better problem resolution capabilities.

9.3 Medical Services at Competition and Training Venues

There will be a team consisting of a physician and a paramedic that will assist accredited personnel at the training venue. Ambulances will be available at some training venues. At other venues where ambulance service is not available, there will be competition medical units nearby (less than 10 minutes away) for athletes and spectators.

9.4 Medical Services at Competition Venues

Medical services will be available for athletes, delegation members, the Games Family and members of participating International Federations at competition venues. This service will also be available for spectators.

9.4.1 Athlete Services

Ambulance, field medical team and athlete first-aid station medical team services are available. The ambulance service will have qualified personnel for emergency care and critical patient transportation (doctor, nurse and driver).

The field medical team consist of a physician and a paramedic, both qualified to provide primary care to competitors. Finally, the first-aid station medical team will consist of a specialist and a physical therapist, who will provide primary and specialized care, and physical therapy.

This service will also be available for all accredited personnel.

9.4.2 Spectator Services

Spectator services include ambulances and first-aid-station medical team. The ambulance service will have qualified personnel for emergency care and critical patient transportation (doctor, nurse and driver). The first-aid station medical team will consist of a physician and a nurse. The first-aid station will provide primary care.

9.5 Emergency Services and Medical Transportation

Ambulances will be stationed at competition venues, training venues and the Pan American Village Polyclinic during the operational hours of medical services, and the spectator first-aid stations will have permanent ambulance service.

Ambulance services will be provided at satellite accommodations, the Games Family Hotel and non-competition venues as required and according to referral or counter-referral needs.

Air transport with medical support will be provided according to needs and medical insurance coverage.

9.6 Medical Attention at Hospitals and/or Clinics

Athletes and team officials requiring transfers to medical centers for specialized care that are beyond the scope of the Polyclinic or that, for emergency medical reasons, cannot be transferred to the Polyclinic, will be referred to hospitals or clinics near the venue influence zone.

The Organizing Committee will not be liable for services obtained outside the designated hospitals without the assistance of Lima 2019 Medical Services.

10 TRANSPORTATION

10.1 Games Transportation Network

The Lima 2019 Games transportation network is a set of lanes that connect all the official venues, both competition and non-competition. This network will guarantee that Lima 2019 accredited participants can travel in optimal conditions of comfort, security and reliability through Games-dedicated lanes. Furthermore, it will reduce demand for traveling inside the city and ensure traffic management in Lima and Callao.

10.2 TA Transportation Services for Athletes and Officials

The bustransportation system designed by Lima 2019 will provide the following transportation services for athletes and team officials with TA privilege on their accreditation:

- Transportation service from the Jorge Chávez International Airport to the Pan American Village and satellite accommodations, and vice versa, according to the arrivals and departures schedule.
- Transportation services will be available from the transport mall in the Pan American Village or satellite accommodations to competition and training venues, and vice versa.
- Round trip transportation services for Opening and Closing Ceremonies.
- A daily scheduled service that communicates satellite accommodations with the Pan American Village (Villa El Salvador). From that point on, they will be able to board the transport vehicles provided to all the sports venues.

Special care must be taken with the scheduled return trip to the satellite accommodation on the same day, as additional services are not provided and the Pan American Village does not have any extra spaces for these occasions.

10.2.1 TA Vehicle Fleet

The TA vehicle fleet consist of buses with a minimum capacity of 35 seated passengers for local transfers and tourist buses for routes outside the city.

10.2.2 Transportation to Training Venues for Individual Sports

TA transportation services to training venues will be active five days prior to the start of each sport's competition until the conclusion of each sport's individual training session. This service will allow athletes to arrive one hour before training starts and leave up to 30 minutes after the session ends.

10.2.3 Transportation to Competition Venues for Individual Sports

Transportation services to competition venues for individual sports will be active from the first day to the last day of competition of each sport. During competition days, TA services will be scheduled so that the first bus arrives at the venue two hours before the competition starts and leaves up to one hour after it ends.

During the competition period, athletes who are competing or training (in the event the training and competition venue is the same), as well as spectating athletes, will have access to these services.

10.2.4 Transportation to Training and Competition Venues for Team Sports

One bus will be provided per team according to the competition calendar schedule. This service will enable athletes to arrive at the venue at the specified training and competition times. This service starts and ends at the transport mall in the Pan American Village.

Transportation to training sessions must be booked, or any schedule changes must be notified, at least one day before the training session at 16:00 at the NOC Services Center.

The bus and driver allocation for team departures and returns will not necessarily be the same one; therefore, we advise teams to not leave personal belongings or sports equipment on board the buses.

If athletes decide to stay and watch the next matches, they must book the service at the NOC Services Center to ensure buses are available for their departure. Otherwise, they must return on the regular buses for individual sports or for spectating athletes. Exclusive bus service will be available for the following team sports:

- Baseball
- Basketball
- Hockey
- Football
- Handball
- Rugby-7
- Softball
- Volleyball
- Water Polo

Buses will only be available to transfer to Lima 2019 official training or competition venues.

10.2.5 Doping Control Transfer

After the regular TA transport services have been completed, the transfer services for T3 vehicles will be activated for the transfer of the athletes who must stay to perform their doping control.

10.2.6 Connection Between the Pan American Village and Satellite Accommodations

The Transportation Department has planned a daily scheduled service for accredited personnel coming from satellite accommodations. This service will cover the routes between the satellite accommodations in the Naval Academy, Lunahuaná, Paracas, Bujama and Huacho (TBC).

The service will be operational from the opening day of each satellite accommodation up to their closing date.

Athletes and team officials who use these services will have to plan their time effectively so as not to miss the return bus to the satellite accommodation. They must keep in mind that there are no additional transportation services nor rooms at the Pan American Village to stay overnight.

10.3 Spectating Athletes

10.3.1 Same-discipline Spectating Athletes

Same-discipline spectating athletes may share the existing TA system to travel to competition venues. This does not include competition venues for team sports, in which case buses, not allocated per team, will depart from the transport mall provided there is enough demand. Competing athletes will always have priority in the TA system.

10.3.2 Different-discipline Spectating Athletes

Different-discipline spectating athletes may share the existing TA system to travel to competition venues. This does not include competition venues for team sports. Different-discipline spectating athletes will be required to show their entry tickets to avoid oversaturating services and to help them board the right vehicles. Competing athletes will always have priority in the TA system.

10.4 Games-time Information Service

The NOC Services Center will provide the following transportation information during the Games:

- Schedule and service information
- NOC-dedicated vehicles issue resolution
- Reservation of T3 vehicles
- Public transportation information
- Issue resolution
- Team buses

10.5 Taxi Services

Taxis and vehicles without VAPP will have designated spectator drop-off and pick-up points at competition and non-competition venues outside the venue perimeter; therefore, the client may have to walk approximately 300 meters to reach their destination. Payments for taxis or other rental services are not authorized by Lima 2019 and shall be borne by the client.

11 DOPING CONTROL

11.1 Games-time Control

Panam Sports is in charge of providing the current rules for Lima 2019 Pan American Games. These rules are enforced 24 hours before the opening day of the Pan American Village, on July 21, 2019, and up to 24 hours after the Closing Ceremony, on August 11, 2019.

Panam Sports anti-doping rules do not conflict with any anti-doping international policy issued by the World Anti-Doping Agency (WADA).

All NOCs, athletes and support personnel, including physicians, must review and be familiar with Panam Sports Anti-Doping Rules, which are based on the current World Anti-Doping Code.

Doping controls may be carried out during the Games at any time and in various locations, through urine and blood sample collection. These types of controls for the Games will be IN-COMPETITION and OUT-OF-COMPETITION, as defined in the World Anti-Doping Code, and they shall be analyzed as such in accordance with the WADA Prohibited List in effect in 2019.

The term "in-competition" means the period commencing twelve hours before the participation of an athlete through the end of the sample collection process related to that competition.

For further information on the current Prohibited List go to https://www.lima2019.pe/programa-antidopaje.

11.2 Athlete Rights and Responsibilities

All athletes participating in the Games will have the following rights and responsibilities in regard to the anti-doping program:

11.2.1 Rights

- To have a representative and, if available, an interpreter.
- To ask for additional information about the sample collection process.
- To request a delay in reporting to the doping control station for valid reasons.
- To request modifications to the sample collection process if they have any type of impairment.

11.2.2 Responsibilities

- To remain within direct observation of the doping control officer/chaperone at all times, from the point initial contact is made by the doping control officer/chaperone until the sample collection has been completed.
- To produce appropriate photo identification, such as accreditation, national identity documentation or passport.
- To comply with sample collection procedures (failure to do so may constitute an anti-doping rule violation).
- To report immediately for doping control, unless there are valid reasons for a delay.

After doping control procedures, when the regular transportation system is not available, Lima 2019 guarantees transfer services for athletes and their representative to the Pan American Village in T3 vehicles.

11.3 Athlete Whereabouts

Athletes who are included in a registered control group (international or national) will be required to continue to provide their whereabouts during the period of the Games via ADAMS. NOCs must notify Panam Sports about the location of athletes staying outside of the Pan American Village or satellite accommodations, and about any athlete/team training that takes place outside of the official period, during the Games.

In addition, they must send the athlete room allocation list before their arrival at the Pan American Village. The chef de mission is responsible for sending whereabouts information.

Detailed requirements regarding the athlete room declaration will be sent to NOCs before June 2019.

11.4 Therapeutic Use Exemption (TUE)

Athletes have the right to apply for a Therapeutic Use Exemption (TUE) for a prohibited substance or method in the treatment of an illness. The TUE approval process for the Lima 2019 Pan American Games begins when athletes send a request to their National Anti-Doping Organization (NADO), Regional Anti-Doping Organization (RADO) or International Federation, if applicable.

Athletes will be able to get information about their TUE process through their IF, National Anti-Doping Organization or Regional Anti-Doping Organization. Information on the TUE process for the Games will be published on the Lima 2019 extranet.

Once the athlete's NADO, RADO or IF has granted them a TUE, the athlete must submit it to the Panam Sports TUE Committee no later than one day before the opening of the Pan American Village, provided it meets the criteria set out in WADA's International Standard for TUE.

During the Games, online TUE application forms and instructions on how to submit a TUE will be available on the Lima 2019 website, and the printed forms will be available at the Pan American Village Polyclinic. TUE applications must include a complete medical history as stated in WADA's International Standard for TUE.

The Panam Sports TUE committee may request additional medical information, as needed, in accordance with WADA standards.

11.5 Pre-Games Education

Anti-doping education and prevention programs for Lima 2019 will be developed in coordination with WADA and the National Anti-Doping Committee (CONAD) of Peru.

The goal is to provide athletes and their entourage with the opportunity to learn more about anti-doping and to associate it with something positive by reminding them that the anti-doping community has the mission to protect the right to play clean.

A specific department for developing educational and promotional activities for all athletes will be implemented. Said activities will include interactive exercises, printed educational and informational material, as well as prizes for athletes that know the most about anti-doping.

Athletes and support personnel will be able to find information on the substance list and about current prohibited methods on the mobile app developed by the National Anti-Doping Organization.

On the Lima 2019 website, athletes and support personnel can find information about the prohibited status of specific medications based on the current WADA Prohibited List, available for athletes and support personnel.

There will be certified anti-doping educational sessions available before and during the Games, for athletes, NOC medical teams and support personnel interested in obtaining a free WADA certificate.

Anti-doping education and prevention programs for Lima 2019 will be developed in coordination with WADA and the National Anti-Doping Committee of Peru. All educational anti-doping initiatives can be found on the Lima 2019 website.

12 ACCREDITATIONS

The accreditation process for athletes and team officials is detailed in the National Olympic Committees Accreditation Manual that can be found on the Lima 2019 extranet: extranet. lima2019.pe

12.1 Accreditation Centers and Services

The Accreditation Center, located in the Welcome Center of the Pan American Village, will be the main accreditation center for athletes and NOC delegation members. Lima 2019 will have the following accreditation centers and services:

Facility	Venue	Location	Population	Service
NOC Accreditation Center	Pan American Village	Lima	Athletes and NOC delegation members	Full service
Venue Accreditation Offices (VAO)	Competition venues	Competition venues	All Games participants	Day pass and card replacement
Uniform and Accreditation Center	UAC	Jockey Club	Games workforce and remaining groups, if necessary	Full service
Validation Counters	Airport	Jorge Chávez International Airport	Games Family	Validation

12.2 Venue, Zone and Access Codes

The accreditation zones are secure and orderly areas, reserved for accredited persons with to the corresponding areas in which they perform their duties during the Games.

Access code	Accessible areas
BLUE	Field of play, operational areas, general circulation areas
RED	Operational areas, general circulation areas
WHITE	General circulation areas
2	Athlete preparation areas
4	Press areas
5	Broadcast areas
6	Games Family areas
R	Residential Zone (at the Pan American Village)
ALL	ALL in white letters on a black background grants access to major events
ALL	ALL in black letters on gray background does not grant access to major events
VLP	Pan American Village (only International Plaza)
GFH	Games Family Hotel
MPC	Main Press Center
IBC	International Broadcast Center

The access privileges to the area are assigned to each accredited person according to the minimum permanent requirements to be able to perform their duties.

Although they are included in the present list of zones and venues, some particular areas within them can be considered and managed as restricted (for example, doping control stations). The PIAC itself does not grant access to these areas. An additional access control device (for example, a bracelet, lats, or stickers) may be required.

13 CEREMONIES

13.1 Welcome Ceremonies

Team Welcome Ceremonies for the Lima 2019 Pan American Games will take place at the International Pan American Village Plaza from July 21 to 25, 2019. The ceremony will include the raising of the national flag, the playing of the national anthem, ceremonial gift exchanges between the chef de mission and the Village mayor, as well as a cultural show.

Each ceremony will be approximately 30 minutes long. There will be six sessions of ceremonies during the day, as detailed below:

Session 1	14:00 to 14:30
Session 2	15:00 to 15:30
Session 3	16:00 to 16:30
Session 4	17:00 to 17:30
Session 5	18:00 to 18:30
Session 6	19:00 to 19:30

13.2 Opening Ceremony

The Opening Ceremony of the Lima 2019 Pan American Games will be held at the National Stadium on Friday, July 26, 2019 at 19:00 and will last approximately 110 minutes.

The athletes will assemble at "Parque de las Aguas" park, located adjacent to the National Stadium. Here, the athletes may enjoy food, drinks, music and videos about Peru while waiting to enter with the Athletes' Parade.

For the Opening Ceremony, the athletes will enter the stadium in alphabetical order after a brief introduction and after the Peruvian National Anthem is played. Argentina will be the first country to enter and Peru will be the last. The parade route will allow athletes to walk in front of the honor stand and, once they complete their entrance, they will be guided to their reserved seats in the stadium to enjoy the rest of the program.

More details about the Ceremony and services, including the transfer of the various accredited groups, will be published in the Chefs de Mission Manual in June 2019.

13.3 Closing Ceremony

The Lima 2019 Pan American Games Closing Ceremony will be held on Sunday, August 11, 2019, at the National Stadium and will last approximately 90 minutes.

The Ceremony will celebrate the athletes' excellent performances in a first-rate festive and entertaining environment. In addition, the ceremony will serve to pass the baton to Santiago (Chile), the host city of the 2023 Pan American Games.

The creative proposal is based on a unique concept, in which the Opening and Closing Ceremonies will complement each other to highlight the different elements Peru has to offer.

The Balich Worldwide Show company, that has a unique experience staging massive events around the world, will oversee both Ceremonies.

More details about services related to the Ceremony for the various accredited groups will be published in the Chefs de Mission Manual in June 2019.

14 PRESS OPERATIONS

14.1 Mixed Zone

The Lima 2019 Press Operations team will oversee the mixed zones in competition venues, where accredited journalists will have the opportunity to interview the athletes (and in some cases, coaches) as soon as they exit the field of play.

All athletes must go through the mixed zone. Athletes will first go through the mixed zone's broadcast area, before they reach the press.

The following people will have access to the mixed zone:

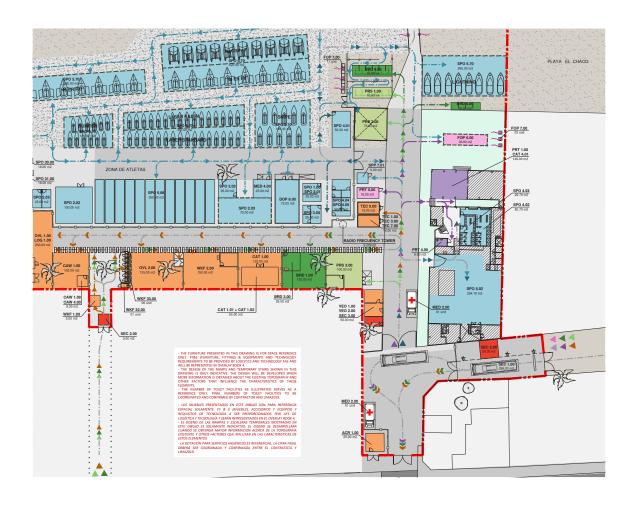
Accredited Press area:

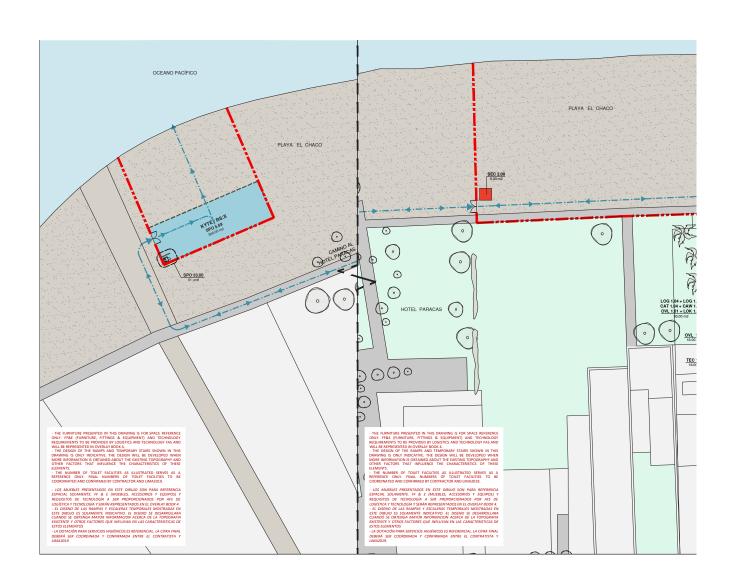
- Rights-holding broadcasters.
- "E category ("E" and "Es" for written press)
- Press Operations personnel, with access accreditation.
- Host Broadcaster staff.

Athletes' area:

- Competing athletes and their coaches.
- Doping control staff with access accreditation and Sports FA.
- NOC heads of press working in the mixed zone. The arm bands/bracelets are non-transferable and will be distributed at the briefing session for heads of press at the Main Press Center. These will enable the press to access the athlete's passage through the mixed zone during their country's competitions.

15 VENUE BLUEPRINTS





16 COMPETITION CALENDAR



	Sport - Discipline	July								August									
Venue			d Thu	Fri 26	Sat	Sun	Mon 29	Tue 30	Wed 31	Thu 01	Fri 02	Sat 03	Sun 04	Mon	Tue \	Wed 1	Thu F	ri Si 19 1	at s
	Boxing									•	•								
	Wrestling - Greco-Roman															•			
	Wrestling - Freestyle															-	•		
Callao Regional	Racquetball										•					•			
Village	Taekwondo - Kyorugi				•	•	•												
	Taekwondo - Poomsae				•	•													Т
	Volleyball (W)															0	0 (
	Volleyball (M)												•						
San Marcos Stadium	Football (W)														•		•		T
	Football (M)						•												•
	Cycling - BMX		Т								П				П	-	•		Т
Costa Verde San Miguel	Cycling - BMX Freestyle														П			Т	_
	Cycling - Road															•			5
	Speed Skating		Т														•		5
	Beach Volleyball		•				•	•							П	Т	Т	Т	Т
	Athletics - Athletics		Т												•	•	• (5
	Aquatics - Swimming														•	•	9 (5
	Aquatics - Diving		Т							•	•	•	•	•				Т	_
	Aquatics - Artistic Swimming						•		•						П		Т	Т	Т
	Badminton						•				•				П		Т	Т	Т
	Handball (W)	•	•		•		•	•											Т
National Sports Village - VIDENA	Handball (M)										•			•	П		Т	Т	Т
- VIDENA	Bowling		•		•		•	•										Т	Т
	Cycling - Track		Н							•	•	•	•					Т	_
	Judo														П	(9 (
	Artistic Skating		Т	•	•													Т	_
	Squash		•		•	•	•		•										Т
	Table Tennis												•	•	•	•	0 (5
Eduardo Dibós Coliseum	Basketball (W)										•		•						_
	Basketball (M)														•	•	0 (5
	Basketball 3 x 3					•	•												T
	Equestrian - Dressage						•		•									T	_
Army Equestrian School	Equestrian - Eventing										•	•	•						T
SCHOOL	Equestrian - Jumping										Ė					•			1
	Athletics - Marathon				•	Ī											۲	٢	T
Kennedy Park	Athletics - Race Walk												•						۲,
			•	Ina	ugu	rac	ión				Pre	elim	ina	res			F	inal	
				y cl	aus	ura												-	

		July								August										
Venue	Sport - Discipline		Thu 25		Sat 27	Sun 28	Mon 29	Tue 30	Wed 31	Thu 01	Fri 02	Sat 03	Sun 04	Mon 05	Tue 06	Wed 07	Thu 08	Fri 09	Sat 10	Sur 11
	Aquatics - Water Polo		Г										•	•	•		•	•	•	
	Baseball		Г				•				•		•							
	Hockey (W)														•			•		
	Hockey (M)		Г														•		•	
Villa María del Triunfo	Basque Pelota												•		•		•	•	•	
Sports Center	Rugby-7 (W)		Г		•	•														
	Rugby-7 (M)		Г		•	•														
	Softball (W)		Г										•		•		•		•	Ī
	Softball (M)		•		•					•										
	Archery																•		•	
Morro Solar - Chorrillos	Cycling - Mountain Bike					•														Ī
	Bodybuilding		Т																•	
Chorrillos Military School	Weightlifting		Г		•	•	•	•												
301001	Modern Pentathlon				•	•	•	•												
Chorrillos beach	Triathlon		Т		•		•													_
	Shooting - Shotgun						•	•	•		•	•								Ī
Las Palmas Air Base	Shooting - Pistol				•	•	•		•	•	•	•								
	Shooting - Rifle		Т			•		•		•	•	•								
	Gymnastics - Artistic		П		•	•	•	•	•											Ī
	Gymnastics - Rhythmic		Г								•	•	•	•						
Villa El Salvador Sports Center	Gymnastics - Trampoline		Т										•	•						
Sports center	Karate - Kata		Т															•		
	Karate - Kumite		Т																•	•
Lima Golf Club	Golf																•		•	•
Lawn Tennis Club	Tenis		Т					•			•	•	•							Ī
Punta Rocas	Surf		Т									•	•							Ī
Bujama Lake	Aquatics - Open Water Swimming		Т										•							_
	Waterski				•		•	•												
Cañete River	Canoe - Extreme Slalom										•		•							Ī
- Lunahuaná	Canoe - Slalom		Т									•	•							
Paracas Bay	Sailing																•	•	•	
Albufera Medio	Rowing		Г												_		_	•	_	ĺ
Mundo - Huacho	Canoe - Sprint				•	•	•	•												
	Fencing													•	•	•	•	•	•	Ī
Lima Convention Center	Modern Pentathlon														_		_		-	

Opening and closing ceremonies

Opening and (W) Woman

(M) Men

17 VENUE MAPS



18 ACKNOWLEDGEMENTS

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